



Up and Down The Halls

Published for Edgewood Vista Residents – Minot, ND

May, 2012

Welcome To Our Community

We welcome guests to tour our community where you will find our staff and residents to be friendly and welcoming. *There are no strangers here, just friends you haven't met.*

To set up your personal visit, please contact Shannon Kranz at 701-852-1399 or by email at shannonk@edgewoodvista.com

Resident Birthday's In May

- 3rd – Elsie Marsh
- 4th – Rose Jesson
- 5th – Jay Springstead
- 7th – Tressa Kulig
- 9th – Robert Fougner
- 10th – Doug Beck
- 12th – Darvin Hansen
- 13th – Harriett Jorgenson
- 14th – Caryl Stromberg
- 14th – Gladys Norstvedt
- 17th – Gordon Emerson
- 17th – Ella Mae Michalenko
- 17th – Clara Loorence
- 20th – Kenneth Lundy
- 23rd – Lucille Nygaard
- 24th – Erma Fahlgren
- 30th – Clarice Halvorson

Newspapers

There are several copies of the Minot Daily News on the tables throughout the building for our residents to enjoy. So that all residents will be able to enjoy the paper, Please **DO NOT REMOVE** these newspapers from the tables.

Thank you for your cooperation.

Financial Assistance

Veterans Aid and Attendance – If your financial assets are under \$80,000 and you were a Veteran you may qualify for VA assistance to live in Assisted Living. Veterans can receive about \$1600.00 per month and Surviving Spouses can receive about \$1000.00 per month. A Veteran and Spouse living together can receive up to \$1900.00. Brenda Vogel, LSW has the forms to fill out and can assist you with the process. Please call 852-1399 ext. 8045 or call 578-5129 and ask for Brenda.

Medicaid and Basic Care Assistance – Basic Care Assistance will assist you to pay for a shared room in Basic Care once your money is depleted to \$3000 or less. Please contact Brenda Vogel, LSW at least 6 months prior to this to add your name to the waiting list for Basic Care. Brenda can also assist you with finding alternatives to care if needed. Medicaid is a program for Medical assistance to help you pay for medications, doctor's visits, and hospital stays, etc. To qualify for Medicaid your money has to be depleted to under \$3000. Brenda Vogel, LSW has copies of the forms to fill out to give to Ward County Social Services. Please call Brenda at 852-1399 ext 8045 or call 578-5129 if you have any questions.

Welcome Our New Residents

Thank you for making Edgewood Vista your home. We'd love to have you join us for activities and get acquainted with your neighbors.



Melvin Jenson has moved into C115. He was born and raised in Minot with 1 brother and 2 sisters. He is divorced and has 3 children, 5 grandchildren and 1 great grandson. Prior to retirement he worked for the Railroad and Bechtold & Keller Paving and did some snow removal at the Minot Air Force Base. He also served in the Army. Melvin's hobbies include boxing, watching TV and some gambling.



Bernice "NeCee" Emil recently moved into B101. She was born in Velva along with 2 sisters. She attended a country school in Sawyer where her mom was a teacher and her dad owned a store and restaurant. She has one daughter and 3 grandchildren who live in Arizona. In the past she was a depot agent and during WWII she went to telegraph school to become a telegrapher. She began sewing at the age of 10 and states she used to make wedding dresses for \$300 a dress and also made her daughter's wedding dress. She enjoys word search puzzles, visiting and fishing at the lake.



Dallas Wherley has moved into Apartment 74. He is originally from Berthold where he grew up with 1 brother and 2 sisters. He was a journeyman electrician for 41 years and served in the Army for 3 years. Dallas and his wife Betty met when he was discharged from the service. Together they have 4 children who all live around Minot. In the past he bought, sold and worked on electric scooters. He also ran the Faith United Methodist Church pantry for 6 years. He states he likes to play pinochle.



Casper Knutson has moved into A105. He was born in Norma, ND on a farm and grew up with 8 brothers and sisters. His wife passed away 12 years ago and together they had 8 children. He also has 20 grandchildren and 24 great grandchildren with a set of twins coming soon. Prior to retiring Casper was a farmer who lived on his farm in the Kenmare area his entire life. He also worked for the Civilian Conservation Corp. Casper loves cookies, reading and used to research his genealogy. His favorite hobby is sleeping.



Pauline Lee has moved into Apartment 35. She was born on a farm by Norwich, ND and graduated from Surrey High School. She worked at Montgomery Ward in Minot and got married to her husband who worked on the railroad. They lived on a farm by Surrey where they raised 2 children. She has 6 grandchildren and 14 great grandchildren. She states her family used to have big dinners and spend the holidays together. Her pastime included singing in the church choir and other groups.



Arnold Hov has moved into C101. He grew up in McHenry Township (New Rockford area) with 6 brothers. He has never been married and does not have any children. He farmed his entire life with his father and later with his brothers. His father passed away when he was young and the boys ran the family farm with their mother and oldest brother. He enjoys bingo, Wheel of Fortune and old westerns on TV.

New residents, continued



Clarice Halvorson has moved into A101. She was born in Ross, ND with 1 brother and 2 sisters. She has 2 sons and 3 grandchildren. Clarice was employed at Herberger's and then went to work for Kmart where she retired. She enjoys visiting with people.



Salute To Seniors "Celebrating Our Heritage" May 8th, 2012

Entertainment by Magic City Jazz Band, Apron Style Show and Eagle Feather Dancers plus door prizes and a delicious lunch are just a few of the reasons seniors in the Minot area attend the Minot Area Senior Coalition's Salute To Seniors each year. Cost to Edgewood residents is \$12.00 per person and Edgewood will pay half the cost and also provide transportation to the All Seasons Arena for our residents.

Telephones

Residents are requested: Please do NOT answer the telephones when they are ringing in the hallways and dining rooms as it is easy to have the call dropped. The phone system requires training to operate and to transfer calls efficiently.

Thank you



Resident Accounts Available

Edgewood Vista would like to remind residents and family that we have Resident Accounts available for your convenience. Residents can deposit money safely and any time a resident would like to take out small amounts of money, they can visit with Leslie or Valmai. It is a great idea to keep your cash secure and large amounts of money should not be kept in your apartment.

Mother's Day - May 13th

While we honor all our mothers
With words of love and praise.
While we tell about their goodness
And their kind and loving ways.
We should also think of Grandma,
She's a mother too, you see.....
For she mothered my dear mother
As my mother mothers me.

Author Unknown



Locked Doors

All outside doors to Edgewood Vista are locked at 6:00 p.m. nightly. The Northwest door to the West building, the North entrance to the East Building and the Employee door in the back parking lot have been equipped with a key pad and these doors can be entered after 6:00 p.m. using a code. You can request the code from a staff member for future use. If you do not have the code, please call the Edgewood Vista phone number and staff will let you into the building. However, you may have to wait for the staff to respond to let you in as they may be assisting other residents. We are sorry for any inconvenience this may cause. The community of Minot is changing and we want everyone to be safe.



Special Events for May

- 1st – Resident Council Meeting
- 3rd – Dollar Store
- 3rd – Music with Darrell Michalenko
- 7th – Visual Art Display with Souris Valley Woodworkers
- 8th – Bus Outing to Salute To Seniors
- 9th – Armchair Travel to Korea with Sung Chan An
- 10th – Mrs. Giggles – Take Time To Laugh Presentation
- 11th – Mothers and Others Tea
- 15th – Music with Judy’s Funtime Band
- 17th – Syttende Mai Social Time
- 18th – Happy Hour at the Bistro
- 21st – Birthday Party with First Lutheran Church
- 22nd – Name That Tune with Judy Randle
- 24th – Memorial Program
- 24th – Music with Kevin Ternes
- 31st – Music with The Country Cousins

General Safety Tips for the Garden:

1. Don't leave sharp tools unattended – lock the blades closed when not in use.
2. Read the label chemical and organic products – keep them away from children.
3. Wear safety equipment such as sturdy gloves, eye protection and appropriate clothing.
4. Match the size of the gardening tool handle to the size of your hand and the job.
5. Keep tools sharp and clean.
6. Use knee or foam pads to kneel on.
7. When using electrical equipment, pay careful attention to the cord and connections at all times.
8. When using gas powered equipment, never leave running while not in use.
9. When lifting heavy items, lift properly – use your legs, not your back and ask for help if you need it.
10. Pace yourself – don't attempt too much, too fast, especially in the heat.

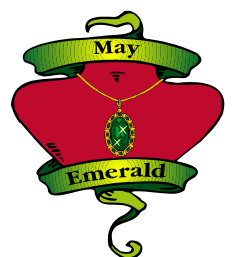
Movies for the Month of May

- 6th – *War Horse*
- 13th – *Dolphine Tale*
- 20th – *Foot Loose*
- 27th – *The Kings Speech*

Resident Council Meeting

The Resident Council Meeting for the month of May will be held May 1st in the Dakota Dining Room. The meeting will begin promptly at 2:30 p.m. and snacks will be served at 3:00 p.m.

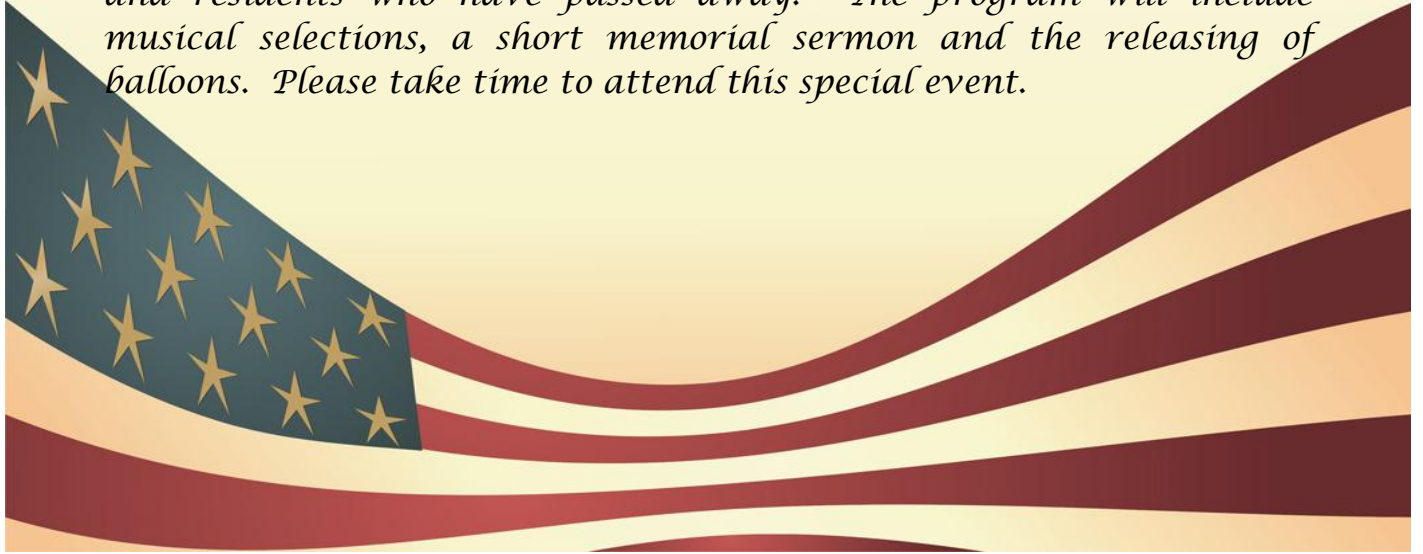
This meeting has been created for our residents to voice their opinions on all issues regarding our community. This is your chance to communicate your ideas and to improve the quality of care and services within this community. **All residents are encouraged to attend.**



Annual Memorial Day Service

Thursday, May 24th at 2:00 p.m. Edgewood Vista will be holding the Annual Memorial Day Service. This event will be held in the Courtyard Dining Room.

We will be honoring our Veterans as well as family members, friends and residents who have passed away. The program will include musical selections, a short memorial sermon and the releasing of balloons. Please take time to attend this special event.



Edgewood Vista Resident
Dorothy Finch
“The Puzzle Wizard”



Maintenance Worker
Don Beckman
“Painting the halls at Edgewood Vista”

The Edgewood Vista Newsletter and Activity Calendars can be viewed on our website.

Log on to www.edgewoodvista.com and select the Minot location.

In the left hand column of the page you may click on “newsletter” or “calendars” and this will open the file on your screen.

Thank You.

For all Edgewood Vista and Edgewood Village
Residents and Family Members

You're Invited!

EDGEWOOD VISTA
PROUDLY PRESENTS:

**Mrs. Giggles and
"Take time to laugh!"**

Date: May 10th, 2012

Time: 4:00- 5:00

Place: Edgewood Vista
Community Room

Please join us for a wonderful hour of uplifting energy from Lenette Momerak AKA Mrs. Giggles. Are you working too hard, always tired, never seem to be enjoying life, wonder what is missing. Well this is the presentation for you! The presenter is going to have you laughing your stress away. She is going to bring out your inner child and teach you to keep him or her out and know that it's OK to laugh and have fun. She uses laughter techniques and all kinds of surprises with audience participation. She will have you stress free and energized all the way back home. Be ready to let your hair down and have a good time.



VFW Auxiliary National President Gwen Rankin thanking Edgewood's veterans for their service to our country.



Dick Kittel, Don Lee, Stephen Mays & Everett Debertin



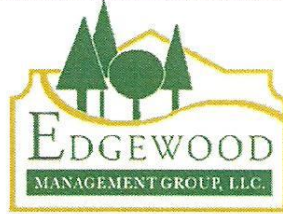
Doug Beck and Bud Sollid

Edgewood Vista Resident Choir



Residents Make Fashion Jewelry from Potatoes





PEN PAL PROGRAM

- Are you interested in making a new friend that lives in another Edgewood Vista community?
- Do you enjoy writing and receiving letters or emails from others?
- Would the opportunity to share your lifetime of stories and experiences with another interest you?

If yes, then YOU should sign up for the new Edgewood Pen Pal Program!

Please fill out a registration form to enroll in this new program. See the Life Enrichment (activities) Director or Executive Director at your community for additional details, questions, or to turn in your application.

7 Ways You Can Be Scammed & How To Stop Them

1. **ATM Skimming** – Criminals attach a device on an ATM that captures information about your account when you swipe your card. At the same time you are being watched by a tiny camera that's hidden near the ATM's keypad. Within a matter of minutes the thief has your bank account information and PIN. *Avoid stand-alone locations or non-bank-related ATMs that you find in stores or gas stations. Be sure to cover the keypad when typing in your PIN and if you notice any withdrawals on your bank statement that you didn't make, alert your bank immediately.*
2. **Phishing** – Phishing entails sending out messages that claim to be from an organization like a bank or government agency and asking you to confirm your account information – anything from credit card numbers to account passwords. Many of these emails use official company logos or direct you to websites that might seem legitimate. *Don't click on the link and don't reply. Banks, credit card companies and other businesses will never ask you to verify personal information via email. Forward the message to spam@uce.gov and review your bank account and credit card statements regularly to ensure there aren't any unauthorized charges.*
3. **Work-at-home schemes** – Making lots of money doing simple tasks from the comfort of your own home may sound too good to be true and it usually is. While real work-from-home employment opportunities do exist, it's estimated that only one in 42 work-at-home offers are legitimate. *If the pay is too good to be true or payment is required to begin work, it's most likely not a real employment opportunity.*
4. **Bad Checks** – Let's say you're selling an expensive item online and when the buyer sends you a certified check, it's for more than the purchase price. The buyer immediately recognizes the mistake and asks you to send a check back for the extra money, which you do. Later you find out the cashier's check you deposited was counterfeit and you've already sent your money and sold the item to the buyer. *If you're selling something locally, meet the buyer in a secure location and deal in cash. If you're dealing with international buyers or an online auction, use a service like PayPal or wait until the buyer's check clears. Keep in mind that it can sometimes take the bank more than a week to certify that a check is good.*
5. **Imposter Scams** – A fraudster poses either online or on the phone as a friend or relative in desperate need of financial assistance. These scams typically play out with someone asking for money because they've been injured, arrested or stranded. However, senior citizens are often targeted for these scams over the phone and asked to send money to bail out a grandchild or help them get home. *Successful schemers take \$3000 to \$4000 on average. Imposter scams are one of the fastest growing types of fraud. If you get a call or an email from a friend or relative in need of monetary assistance, contact other friends or family to verify the story, and never give out financial information over the phone or send money to an unknown source.*

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