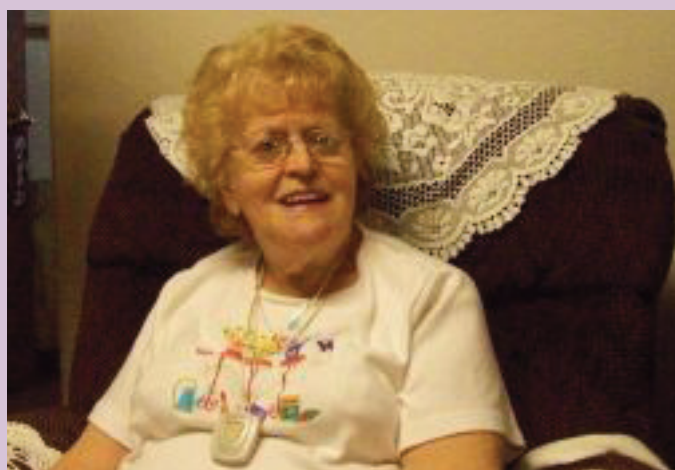


EDGEWOOD

This is Home. VISTA

4195 Westberg Road • Hermantown, MN 55811 • Phone: (218) 723-8905

May 2012



A Mother's Love

Manor resident, June Chesney loves everything about motherhood. She raised her own four children, helped care for her grandchildren and was a licensed Foster Mother for over 35 years.

"My own Mother died when I was very young. I missed that mothering love so I found a way to replace it by mothering to little ones who needed it as a foster mother." June enjoyed the good kind of busy with caring for toddlers and babies; her reward was the love and trust in their eyes as she bathed, wrapped them snugly in a towel and rocked them.

Nowadays June enjoys rocking in her chair, visits from her family and being surrounded by family photos.

Welcome to Edgewood Vista Hermantown

In The Suites, residents enjoy independent living at its finest, with assisted living services added as needed. The Manor provides full assisted living options for residents, including those who have advanced care needs. Memory Care residential services are provided in Mabel's Home in the Manor, as well as in The Lodge.

All our facilities are designed to create a home-like environment, providing social amenities, as well as safety and convenience. The best part of our community is the residents themselves—we are so glad they have chosen to make Edgewood Vista their home!



BLOSSOM



Word for May

As we soak up the sun and enjoy the days of spring, May sends us an abundance of "blossoms" to admire. These colorful "flowers on a single plant" evoke an appreciation for the season's growth and rebirth. As www.M-W.com describes, our thoughts also "blossom" to reach "a peak period" when we can truly appreciate the wondrous miracles nature brings us every day.



As May is the month to honor mothers, I've been reflecting on fond memories of my mother. Mom had a combination wood stove and gas range in the kitchen. She heated the kitchen with the wood stove in the winter and used it for cooking on top and baking in its oven. She would bake 7 loaves of bread and a pan of cinnamon rolls on a Saturday morning while doing laundry in a Maytag wringer washer. Mom cooked the "meat and potatoes" meals per Dad's request. Pie was the usual dessert – pie crust made with lard. She never measured when cooking – she knew the look and feel of her creations. My most cherished memory was Mom's "being there" for me – listening, loving, encouraging. I hope you have good memories too. Happy Mother's Day to all the moms. Marilyn Moore, Clinical Services Director

MANAGEMENT

Executive Director

Gary Becker
336-5037

Clinical Services Director

Marilyn Moore, RN
336-5033

Admissions Director

Susan Muehlberger, LSW
336-5030

Dining Service Manager

Sue Lewis
336-5043

Environmental Services

336-5038

Life Enrichment Director

Kathryn Sislo
336-5032

Business Office

Angela Andrews
723-8905

Marketing

Rachel Larson
336-5041

Nurse Managers

- Debbie Waterhouse, RN
727-2264
- Alisha Soderbloom, RN
336-5030

(218) 723-8905

The Manor

(218) 740-6000

The Suites

New to Our Home



Back Row: Carli Rendt-CNA, James Sersich-Dining, Linda Boyechko-Cook, Niki Mathews-PCA-Front Row: Anne Eggert-LPN, Kerry Heikkila, Stephanie Rowell-CNA, Brittany Erickson-CNA

Welcome, new residents! Thank you for making Edgewood Vista your home. We'll be hosting plenty of activities in the weeks to come. We'd love to have you join us and get acquainted with your neighbors!

The Suites
June Kirby
Irene Klenow
Renee McDowell
Caroline Rukavina

The Manor
Lyle Burke
Tim & Mary Lou Birman

Positive Thoughts~"Fear less, hope more; eat less, chew more; whine less, breathe more; talk less, say more; love more, and all good things will be yours."

—Swedish proverb

Happy Birthday

- 1 Dona Syria~Suites
- 1 Edna Bean~Lodge
- 6 Violet Pommerville~Suites
- 8 Margaret Junkert~Suites
- 10 Glenn Rathbun~Suites
- 10 William Kwam~Lodge
- 11 Violet Mackey~Lodge
- 13 Mary Peterson~Suites
- 13 Elsa McDonald~Lodge
- 13 Ruth Schueder-Lodge
- 18 Jean Johnson~Lodge
- 18 George Miller-Manor
- 18 Ron Hanger~Suites
- 19 Pat Archer-Suites
- 20 Peggy Carlson~Manor
- 21 James Cameron~Manor
- 23 Vincent Bastian~Suites
- 24 James Marsy~Suites
- 25 Florence Utech-Manor

- 25 Della Paavola~Suites
- 25 Charles Peterson-Lodge
- 26 David Collette-Manor
- 29 Bob Kirchoff-Manor



Memorial Day Monday, May 28

On Memorial Day, we honor the men and women who have sacrificed their lives for our country. We take this time to thank all our residents and their family members and friends who are serving or have served our country, both at home and abroad.

WIT & WISDOM

“My mom taught me to go after my dreams. I have this faith in myself that I must have gotten from her.” –Amy Jo Johnson

“My dad takes in the game ... My mom gets into the game.” –Kevin Pittsnogle

“I bet, deep down, you still wish your mom would take you clothes shopping every August for the new school year.” –Bridget Willard

“We are moms full of intention. There is nothing more powerful on this planet than a mother full of intention.” –Gail Powers



We Built a Harley

A group of Manor residents recently had a visit from a Harley Davidson Motorcycle group. The riding group came to admire the Harley puzzle some of our residents had put together. They came with a gift and a new challenge, a 1,000 piece puzzle in the shape of the Harley motorcycle. The current puzzle is on display in the Manor’s Bear Den. Stop by and visit.



Pictured is Resident Dorothy Rich and daughter-in-law, Carolyn “Sis” Hill enjoying the wonderful treats at last year’s Mother’s Day Tea.

Team Salute

Happy Anniversary

Andrea Butenhoff	5 years
Kimberly Anderson	4 years
Kim Keller-Mahlberg	3 years
Yvette Lueck	3 years
Macie Hilger	1 year
Michael Khalar	1 year
Darin Randa	1 year

We are proud and thankful to our Edgewood Vista staff for their commitment to our residents and team members.

The Manor’s Mother Day Tea

Saturday, May 12

Mother’s Day is a special date set aside in May to honor and celebrate mothers, grandmothers and great grandmothers. We, again, will be hosting a special Mother’s Day Tea and invite the Manor Residents, their family and friends to join us. Join us on Saturday, May 12, from 2 p.m. to 3:30 p.m. for a lovely afternoon with us. Feel free to invite special friends and family with whom you can share this special event.

What You Need to Know in Severe Weather

Please don't mess with Mother Nature. When severe weather warnings are in effect for our area, please remember to follow our community guidelines written below to help ensure your safety. All our Edgewood Vista employees are trained in safety and emergency procedures and are here to help you at any time.

Severe Thunderstorm

1. Remain calm.
2. Stay away from open doors, windows, radiators, stoves, pipes, sinks and plug-in equipment.
3. Do not use electrical equipment or the telephone if lightning is close.
4. Stay in your apartment. A staff member will let you know if there are any further instructions.
5. Report any known or suspected damage to staff or the administrator.

Tornado

Watch means that the conditions are favorable for a tornado.

Warning means that a tornado has been sighted or indicated by radar.

Manor Tornado Procedure

1. Close your blinds if you are able.
2. Staff will direct you to the

safest area in the hallway. Take a pillow or blanket if possible.

3. When the tornado threat has passed, staff will direct you to return to your apartment or to another location.

Suites Tornado Procedure

1. In threat of bad weather, stay tuned to local newscasts for current information.

2. Close your blinds if you are able.

3. If a warning is issued, move to the garage as able, using the stairs. If unable to go to the garage, or danger is imminent, move into the hallways or room with no windows (such as your bathroom). Safe areas include interior rooms that do not have exterior doors, windows or walls.

4. When the tornado threat has passed, staff will direct you to return to your apartment or to another location.

We want all our residents to stay safe!



Resident Council

Join us for Resident Council & Dining

Meeting

The Manor

Thur., May 3

2 p.m.

Fireside

Hallway

Representatives

Joan Hedrick

Apt. 111

Barb Sponberg

Apt. 130

Nancy Stella

Apt. 207

Helen Atkinson

Apt. 424

Elna Linder

Apt. 432

The Suites

Wed., May 2,

3 p.m.

Hallway

Representatives

June Jensen

Apt. 101

Marge Mudrak

Apt. 129

Marv Anderson

Apt. 139

Kent Adams

Apt. 209

Gwen La Frinier

Apt. 238

Helen Mary

Sysimaki

Apt. 222

Reminders

No Smoking Please

remember that our rules prohibit smoking in all common areas, main entrances and apartments. Please use designated smoking areas only. We appreciate your cooperation.

We Love Our Visitors!

Family and friends are welcome to dine with residents during our meal services. To ensure adequate space and food, please make reservations 24 hours in advance with Sarah at the Manor or Karen or Maureen at the Suites. Please limit to five guests per family. Meal tickets are \$7 per person and \$12 for holiday meals.

Looking Back at Our Moments of Joy



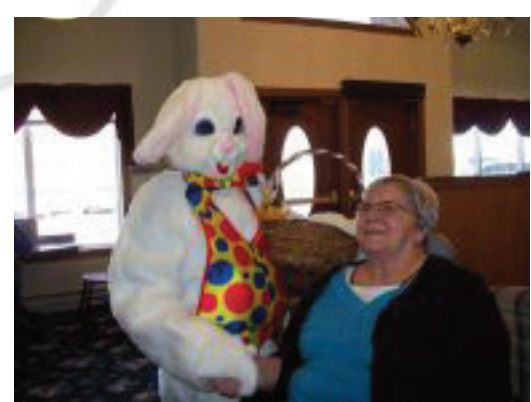
Resident Ruby Thilmany & a guest thank our special entertainers "the Flemming Fold" family.



At the Lodge ~the Grubba family sings



Yes, we did get them all dyed in time for Easter Breakfast. Pictured helping are Ruthann Polzin and Orville Bergeron



Yes, the Easter Bunny made an appearance. Pictured is Resident Joyce Myhre with the Easter Bunny.



Thank you to the leaders and residents who made the Matter of Balance classes a success.



Musical May

May Day, May baskets, May flowers, Mother's Day and May's music events. Enjoy this month of May with us!

Scandinavian Music

Presented by Arna Rennen
Manor

Wednesday, May 16~2 p.m.

Suites

Friday, May 18~2:30 p.m.

The Suites

Piano Concert by Kathryn Grubba
Wed., May 9~2 p.m.

The Lodge

The Grubba Family
Mon., May 14~2 p.m.

The Manor

Joel Holte returns
Thurs., May 17~6:15 p.m.

We also have musical entertainment at every Happy Hour. Check your activity calendar for dates and times.

Zumba Gold

Suites Residents~Tues.,
May 15~10 a.m.

What is Zumba Gold? Check it out! A demonstration will be presented by Judy Gordon on a new senior fitness program using Latin rhythms with easy to follow moves.

Interested in a Walking Club?

The Matter of Balance classes end the first week of May. Our thanks to the volunteers who have led these informative classes. We hope to schedule more classes in the near future. A suggestion was made to start walking clubs. Join us to learn more info.

Suites-Mon., May 7 at 1:30
Manor, Tues., May 8 at 1:30



Special Thanks

To Pastor Joseph for donating the Easter lilies. Harold Warner for volunteering to lead a Manor worship service.

Father Mudrak for Lenten Prayers & Easter services at the Manor.

Alzheimer's Support Group
Thursday, May 31~11:30 a.m.

The Manor~Northwood's Room

This group is open to anyone who has a family member or friend with Alzheimer's disease. Lunch is provided.

Please call Susan at (218) 723-8905.

Worship Services

The Suites

Tuesday 10 a.m.

Bible Study with
Pastor Mork

First Tuesday
2 p.m.

Christ Lutheran
2nd & 4th

Thursday 1 p.m.
Lutheran-Pastor
Reppe

The Manor

Sunday 1:15 p.m.

John Moore
Bethany Lutheran
Hermantown
Community

Covenant Church
Monday 3:30 p.m.

Pastor Joseph
1st Tuesday 3 p.m.

Christ Lutheran
2nd Friday

10:30 a.m.
Mass

Alternate Fridays
1:30 p.m. Rosary

Memory Care

9:30 a.m.

Sunday Morning
Devotions

May 2012



Word Search

- | | |
|----------|-------------|
| Barbeque | Grandmother |
| Birthday | May |
| Camping | Memorial |
| Child | Mother |
| Color | Picnic |
| Family | Proud |
| Flowers | Roses |
| Food | Sunshine |

R	E	H	T	O	M	D	N	A	R	G	I	U	D	B
O	S	U	B	A	Q	S	H	N	G	N	O	T	W	S
S	S	N	Q	K	R	Q	M	Y	L	I	M	A	F	P
E	B	W	C	E	Q	J	M	A	U	P	X	H	C	H
S	U	R	W	H	B	Y	I	C	Y	M	A	I	Y	O
T	C	O	C	S	I	R	Y	Q	E	A	N	W	F	V
M	L	S	O	V	O	L	A	B	F	C	R	O	D	J
F	O	D	U	M	Q	W	D	B	I	P	O	E	P	C
A	T	N	E	N	T	Y	H	P	A	D	K	L	R	P
Z	H	M	O	V	S	M	T	R	A	H	I	J	O	N
I	N	H	S	W	A	H	R	L	S	T	Q	E	U	R
B	R	E	H	T	O	M	I	G	Y	C	M	A	D	D
D	R	B	I	X	J	S	B	N	T	D	K	E	X	A
V	B	V	N	J	U	Y	Z	G	E	T	Y	V	P	A

