




Hermantown ~ Independent & Assisted Senior Living ~ The Suites ~ May 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Avada Hearing-TR 9:00 Exercise-DR 10:00 Pastor Mork-SR 2:00 Pastor Main-Lutheran-TR 3:00 Wii Games-TR 6:00 Cribbage/Games-DR	2 9:00 Exercise-DR 9:30 Blood Pressure Checks-IP 1:00 School Book Club 1:30 A Matter of Balance 3:30 Resident Council 6:30 Bingo-DR	3 9:00 Exercise-DR 10:00 Men's Group-IP 2:30 Wii- Bowling – TR 3:15 Dining Meeting-DR 6:00 Cribbage & Games-DR	4 9:00 Exercise-DR 10:30 Lunch Out-Azeteca's 2:30 Happy Hour-Lorren Lindevig 6:00 Wii Games-TR	5 9:00 Exercise-DR 2:00 Movie Matinee-TR 6:00 Wii- Bowling-TR
6 1:30 Nail Spa-IP	7 9:00 Exercise-DR 9:30 Bus-Wal-Mart 1:30 Walking Club Meeting-Theater Room 2:30 May Jeopardy 6:30 Bingo-DR	8 9:00 Exercise-DR 10:00 Pastor Mork-SR 3:00 Wii Games-TR 6:00 Cribbage/Games-DR	9 9:00 Exercise-DR 2:00 Piano Concert by Kathryn Grubba -2nd floor 6:30 Bingo-DR	10 9:00 Exercise-DR 10:00 Men's Group-IP 1:00 Zion Lutheran-Pastor Reppe-SR 2:30 Wii- Bowling -TR 6:00 Cribbage & Games-DR	11 8:45 Shop-Super One 9:00 Exercise-DR 10:30 Mass-Manor Chapel 2:30 Happy Hour- Melody Makers 6:00 Wii Games-TR	12 9:00 Exercise-DR 2:00 Movie Matinee-TR 6:00 Wii Games – Bowling-TR
13 1:30 Nail Spa - IP	14 9:00 Exercise-DR 1:30 Bus Wal-Mart 2:30 Show & Tell 6:30 Bingo-DR	15 9:00 Exercise-DR 10:00 Pastor Mork-SR 10:00 Demonstration-Exercise Zumba Gold-DR 3:00 Wii Games-TR 6:00 Cribbage/Games-DR	16 9:00 Exercise-DR 1:00 School Book Club 3:00 Ice Cream Social -DR 6:30 Bingo-DR	17 9:00 Exercise-DR 10:00 Men's Group-IP 1:30 Book Club-SR 2:30 Wii- Bowling -TR 6:00 Cribbage & Games-DR	18 9:00 Exercise-DR 6:00 Wii Games-TR 2:30 Scandinavian Music –Arna Rennen 7:00 Ladies PJ Party	19 9:00 Exercise-DR 2:00 Movie Matinee-TR 6:00 Wii Games – Bowling-TR
20 1:30 Nail Spa – IP	21 9:00 Exercise-DR 9:30 Bus Wal-Mart 2:30 Music with Shari Waldriff-2nd fl 6:30 Bingo - DR	22 9:00 Exercise-DR 10:00 Pastor Mork-SR 2:00 Healthy Living with Bonnie-WHOGA 3:00 Wii Games-TR 6:00 Cribbage/Games-DR	23 9:00 Exercise-DR 2:00 Chat & Stitch-SR 2:30 Resident Birthday Party 6:30 Bingo-DR	24 9:00 Exercise-DR 10:00 Men's Group-IP 1:00 Zion Lutheran with Communion-Pastor Reppe-SR 2:30 Wii- Bowling -TR 6:00 Cribbage & Games-DR	25 8:45 Shop-Super One 9:00 Exercise-DR 10:30 Lunch Out-Sammy's Pizza 2:30 Happy Hour-The Duo's 6:00 Wii Games-TR	26 9:00 Exercise-DR 2:00 Movie Matinee-TR 6:00 Wii Games – Bowling-TR
27 1:30 Nail Spa – IP	28 Memorial Day 9:00 Exercise-DR	29 9:00 Exercise-DR 10:00 Pastor Mork-SR 3:00 Wii Games-TR 6:00 Cribbage/Games-DR	30 9:00 Exercise-DR 1:30 Hallway Rep Meeting 3:00 Root Beer Floats 6:30 Bingo-DR	31 9:00 Exercise-DR 10:00 Men's Group-IP 1:00 Zion Lutheran with Communion-Pastor Reppe-SR 2:30 Wii- Bowling -TR 6:00 Cribbage & Games-DR	<i>This calendar is subject to change. Please check daily posting in Main Lobby</i>	

Hermantown Assisted Living ~The Manor ~ May 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Coffee & News-BD 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 12:00 Wheelie Cart-FR 1:30 Matter of Balance 2:30 Reading Circle-SR 3:00 Lutheran Worship-C 6:30 Bingo-MD	2 9:30 Coffee & News- 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 1:00 Gloria Dei Church-NR 2:00 Happy Hr-Glen Laspi 3:30 Cribbage -FR 6:00 Wii-Bowling-BD 6:30 Phase 10- FR	3 9:30 Coffee & News-BD 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 12:30 Wheelie Cart-M 2:00 Resident Council and Dining Meeting-MD 3:15 Knit-Wits-NW 6:15 Music with John Reisgraf-BD	4 9:30 Coffee & News 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 10:30 Lunch Out-Azeteca's 2:00 Piano Music by Dave Beran-FR 6:10 Cribbage-BD	5 9:30 Coffee & News 2:00 Bingo-FR
6 9:30 Coffee & News-B D 10:30 Mass with Father Mudrak 1:30 Worship- John Moore- 2:30 Coffee Social-MD	7 9:30 Coffee & News-BD 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 1:30 Bus-Wal-Mart 2:00 Wii Bowling 3:30 Pastor Joseph-C	8 9:30 Coffee & News-BD 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 12:00 Wheelie Cart-FR 1:30 Walking Club Meeting 2:30 Reading Circle-SR 3:00 Men's Group with Bob 6:30 Bingo-MD	9 9:30 Coffee & News- 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 2:00 Happy Hr-Country Magic 3:30 Cribbage -FR 6:00 Wii-Bowling-BD 6:30 Phase 10- FR	10 9:30 Coffee & News-BD 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 12:30 Wheelie Cart-M 2:00 Ice Cream Social -FR 3:15 Knit-Wits-NW 7:00 New Life Covenant Hymn Sing -FR	11 9:30 Coffee & News 10:10 Exercise-BD -FR 10:30 Mass 2:00 Spin Baseball 2:30 Poetry Corner 6:10 Cribbage-BD	12 9:30 Coffee & News 2:00-3:30 Mother's Day Tea-MD & FR
13 9:30 Coffee & News-BD 10:30 Mass with Father Mudrak 1:30 Worship- Bethany-C 2:30 Coffee Social-MD	14 9:30 Bus-Wal-Mart 9:30 Coffee & News 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 1:30 Baking 3:30 Memorial Service - C	15 9:30 Coffee & News- 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 12:00 Wheelie Cart-FR 1:30 Bethany Lutheran-NR 2:30 Reading Circle-SR 3:00 Men's Group with Bob 6:30 Bingo-MD	16 9:30 Coffee & News-BD 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 2:00 Scandinavian Days - Music by Arna Rennan 3:30 Cribbage-MD 6:00 Wii-bowling -BD 6:30 Phase 10-FR	17 9:30 Coffee & News-BD 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 12:30 Wheelie Cart-M 2:00 Ice Cream Social -FR 3:15 Knit-Wits-NW 6:15 Joel Holte-Great Room	18 9:30 Coffee & News 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 2:00 Healthy Living with Bonnie-WHOGA 6:10 Cribbage-BD	19 9:30 Coffee & News 2:00 Bingo-FR
20 9:30 Coffee & News-BD 10:30 Mass with Father Mudrak 1:30 Worship- Hermantown Community Church-C Peter Wisnieski-C 2:30 Coffee Social-MD	21 9:30 Coffee & News 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 1:30 Bus-Wal-Mart 1:30 Baking 3:30 Pastor Joseph-C	22 9:30 Coffee & News- 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 12:00 Wheelie Cart-FR 2:30 Reading Circle-SR 3:00 Men's Group with Bob 6:30 Bingo-MD	23 9:30 Coffee & News- 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 2:00 Happy Hr -Jack & Ruby 6:00Wii-Bowling-BD 6:30 Phase 10-FR	24 9:30 Coffee & News-BD 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 12:30 Wheelie Cart-M 2:00 Birthday Party -FR 3:15 Knit-Wits-NW 6:15 Who, What, When	25 9:30 Coffee & News 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 10:30 Lunch Out-Sammy's 1:30 Rosary 2;30 Poetry Corner 3:30 Hymn Sing-FR 6:10 Cribbage-BD	26 9:30 Coffee & News 2:00 Bingo-FR
27 9:30 Coffee & News-BD 10:30 Mass with Father Mudrak 1:30 Worship- Peter Wisnieski-C 2:30 Coffee Social-MD	28 Memorial Day Wear Red, White, Blue 9:30 Coffee & News 10:15 Exercise-BD 2:00 Memorial Day Program-FR 3:30 Pastor Joseph-C	20 9:30 Coffee & News- 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 12:00 Wheelie Cart-FR 2:30 Reading Circle-SR 3:00 Men's Group with Bob 6:30 Bingo-MD	30 9:30 Coffee & News- 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 10:00 Hallway Rep Meet 2:00 Happy Hr -Ed & Char-the Duo's 6:00Wii-Bowling-BD 6:30 Phase 10-FR	31 9:30 Coffee & News-BD 10:10 Exercise-BD -FR 10:30 Coffee Chat-FR 12:30 Wheelie Cart-M 2:00 Robi's Sing Along-FR 3:15 Knit-Wits-NW	Independent Exercise Mon-Fri at 10:10-FR Bear Den-BD --Chapel-C Main Dining Room-MD Fireside Room-FR Northwood's Room-NW Sunroom-SR / Gazebo-G	<i>This calendar is subject to change. Please check daily postings in dining rooms</i>

EV Hermantown~ MEMORY CARE-Lodge-Mabel's~ May 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 "Hat Day" 9:30 Exercise 10:30 Mind Jogging 10:30 Kandy/Ellen-Give Me a Hand Day-A 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 2:15 Sing Along 3:00 Kandy/Ellen-The Traveling Suitcase-C 3:30 Movement Games 6:00 Chapter Book 7:30 Music/Relaxation/Spa</p>	<p>2 9:30 Exercise 10:00 Kandy/Ellen Bingo-B 10:30 Mind Jogging 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 1:30 Baking-A 2:15 Sing Along 3:30 Chapter Book 6:00 Lawrence Welk 7:30 Music/Relaxation/Spa</p>	<p>3 9:30 Exercise 10:30 Kandy/Ellen Picture Story-B 10:30 Chapter Book 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 2:15 Sing Along-M-L 3:30 Movement Games 6:00 Mind Jogging/Games 7:30 Music/Relaxation/Spa</p>	<p>4 9:30 Exercise 10:30 Record Player Time 10:30 Kandy/Ellen-The Traveling Suitcase-A 12:30 Music/Relaxation/Spa 2:15 Campfire & S'Mores Party 3:30 Mind Jogging 6:00 Chapter Stories 7:30 Music/Relaxation/Spa</p>	<p>5 9:30 Exercise 10:30 Mind Jogging 12:30 Music/Relaxation 1:30 Social Time/Snack 2:15 Sing Along-M-L 3:30 Chapter Book 6:00 Lawrence Welk 7:30 Music/Relaxation</p>
<p>6 9:30 Devotions 10:30 Movement Game 12:30 Music/Relaxation 1:30 Social Time/Snack 2:15 Sing Along 3:30 Mind Jogging 6:00 Lawrence Welk 7:30 Music/Relaxation</p>	<p>7 9:30 Exercise 10:30 Chapter Book 10:30 Kandy/Ellen "What's In the Bag" A 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 2:00 Sing Along with Tami 3:30 Movement Games 6:00 Mind Jogging/Games 7:30 Music/Relaxation/Spa</p>	<p>8 9:30 Exercise 10:30 Mind Jogging 10:30 Kandy/Ellen-Give Me a Hand Day-B 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 2:15 Sing Along 3:00 Kandy/Ellen-The Traveling Suitcase-A 3:30 Movement Game 6:00 Chapter Book 7:30 Music/Relaxation/Spa</p>	<p>9 9:30 Exercise 10:00 Kandy/Ellen Bingo-B 10:30 Mind Jogging 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 1:30 Baking-C 2:15 Sing Along 3:30 Chapter Book 6:00 Lawrence Welk 7:30 Music/Relaxation/Spa</p>	<p>10 9:30 Exercise 10:30 Chapter Book 10:30 Kandy/Ellen Picture Story-C 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 1:30 Donut Making -A 2:15 Sing Along 3:30 Movement Games 6:00 Mind Jogging/Games 7:30 Music/Relaxation/Spa</p>	<p>11 9:30 Exercise 10:30 Record Player Time 10:30 Kandy/Ellen-The Traveling Suitcase-B 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 2:30 Hymn Sing-B 3:30 Mind Jogging 6:00 Chapter Stories 7:30 Music/Relaxation/Spa</p>	<p>12 9:30 Exercise 10:30 Mind Jogging 12:30 Music/Relaxation 1:30 Social Time/Snack 2:15 Sing Along 3:30 Chapter Book 6:00 Lawrence Welk 7:30 Music/Relaxation</p>
<p>13 9:30 Devotions 10:30 Movement Game 12:30 Music/Relaxation 2:00 Mother's Day Social 3:30 Mind Jogging 6:00 Lawrence Welk 7:30 Music/Relaxation</p>	<p>14 9:30 Exercise 10:30 Chapter Book 10:30 Kandy/Ellen "What's In the Bag" B 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack-M 2:00 Music with the Grubba Family 3:30 Movement Games 6:00 Mind Jogging/Games 7:30 Music/Relaxation/Spa</p>	<p>15 9:30 Exercise 10:30 Mind Jogging 10:30 Kandy/Ellen-Give Me a Hand Day-C 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack-M 2:15 Sing Along 3:00 Kandy/Ellen-The Traveling Suitcase-B 3:30 Movement Games 6:00 Chapter Book 7:30 Music/Relaxation/Spa</p>	<p>16 Scandinavian Days 9:30 Exercise 10:00 Kandy/Ellen Bingo-B 10:30 Mind Jogging 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack-M 1:30 Lefse- Making 2:15 Sing Along 3:30 Chapter Book 6:00 Sing Along Time 7:30 Music/Relaxation/Spa</p>	<p>17 9:30 Exercise 10:30 Chapter Book 10:30 Kandy/Ellen Picture Story-A 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 2:15 Sing Along 3:30 Movement Games 6:00 Mind Jogging/Games 7:30 Music/Relaxation/Spa</p>	<p>18 9:30 Exercise 10:30 Kandy/Ellen-The Traveling Suitcase-C 10:30 Record Player Time 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 2:00 Bus Ride to Brighton Beach 2:15 Sing Along 3:30 Mind Jogging 6:00 Chapter Stories 7:30 Music/Relaxation/Spa</p>	<p>19 9:30 Exercise 10:30 Mind Jogging 12:30 Music/Relaxation 1:30 Social Time/Snack 2:15 Sing Along 3:30 Chapter Book 6:00 Lawrence Welk 7:30 Music/Relaxation</p>

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<p>20 9:30 Devotions 10:30 Movement Game 12:30 Music/Relaxation 1:30 Social Time/Snack 2:15 Sing Along 3:30 Mind Jogging 6:00 Lawrence Welk 7:30 Music/Relaxation</p>	<p>21 9:30 Exercise 10:30 Kandy/Ellen “What’s In the Bag” C 10:30 Chapter Book 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 2:15 Sing Along 3:30 Movement Games 6:00 Mind Jogging/Games 7:30 Music/Relaxation/Spa</p>	<p>22 9:30 Exercise 10:30 Mind Jogging 10:30 Kandy/Ellen-Give Me a Hand Day-A 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 2:15 Sing Along 3:00 Kandy/Ellen-The Traveling Suitcase-C 3:30 Movement Games 6:00 Chapter Book 7:30 Music/Relaxation/Spa</p>	<p>23 9:30 Exercise 10:00 Kandy/Ellen Bingo-B 10:30 Mind Jogging 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 1:30 Baking-C 2:15 Sing Along 3:30 Chapter Book 6:00 Lawrence Welk 7:30 Music/Relaxation/Spa</p>	<p>24 9:30 Exercise 10:30 Kandy/Ellen Picture Story-C 10:30 Chapter Book 12:30 Music/Relaxation/Spa 1:30 Music with Robi –L 2:15 Sing Along 3:30 Movement Games 6:00 Mind Jogging/Games 7:30 Music/Relaxation/Spa</p>	<p>25 9:30 Exercise 10:30 Record Player Time 10:30 Kandy/Ellen-The Traveling Suitcase-A 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 2:15 Sing Along 2:30 Hymn Sing 3:30 Mind Jogging 6:00 Chapter Stories 7:30 Music/Relaxation/Spa</p>	<p>26 9:30 Exercise 10:30 Mind Jogging 12:30 Music/Relaxation 1:30 Social Time/Snack 2:15 Sing Along 3:30 Chapter Book 6:00 Lawrence Welk 7:30 Music/Relaxation</p>
<p>27 9:30 Devotions 10:30 Movement Game 12:30 Music/Relaxation 1:30 Social Time/Snack 2:15 Sing Along 3:30 Mind Jogging 6:00 Lawrence Welk 7:30 Music/Relaxation</p>	<p>28 Red, White & Blue Day 9:30 Exercise 10:30 Chapter Book 10:30 Kandy/Ellen “What’s In the Bag” A 12:30 Music/Relaxation/Spa 1:30 Memorial Day Social Time/Snack 2:15 Sing Along 3:30 Movement Games 6:00 Mind Jogging/Games 7:30 Music/Relaxation</p>	<p>29 9:30 Exercise 10:30 Mind Jogging 10:30 Kandy/Ellen-Give Me a Hand Day-B 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 2:15 Sing Along 3:00 Kandy/Ellen-The Traveling Suitcase-A 3:30 Movement Games 6:00 Chapter Book 7:30 Music/Relaxation/Spa</p>	<p>30 9:30 Exercise 10:00 Kandy/Ellen Bingo-B 10:30 Mind Jogging 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 1:30 Baking-C 2:15 Sing Along 3:30 Chapter Book 6:00 Lawrence Welk 7:30 Music/Relaxation/Spa</p>	<p>31 9:30 Exercise 10:30 Kandy/Ellen Picture Story-C 10:30 Chapter Book 12:30 Music/Relaxation/Spa 1:30 Social Time/Snack 1:30 Music with Shari Waldriff-B 2:15 Sing Along 3:30 Movement Games 6:00 Mind Jogging/Games 7:30 Music/Relaxation/Spa</p>	<p>M-Mabel’s L-Lodge A- Alpine B-Balsam C- Cypress This calendar is subject to change</p>	